

Love Your Life • freebies

Win! All you need for... A 'ME' WEEKEND

W7 goodie bag

Spring is finally here, and four lucky readers will be able to shake off the pale look of winter with a fabulous bag of goodies from W7.

It contains all you need to spring clean your make-up bag, from a primer, bronzer and tinted moisturiser that will boost your skin tone, to a gorgeous eyeshadow and mascara to make your peepers pop. Add the finishing touches with sultry red lipie and natural nail polish.



Win!

EMAIL Send your name and address to freebie5@loveitmagazine.co.uk
 PHONE* 0901 010 0404 ROI 1514 415 134 (51ppc/75cpc) TEXT** LOVE WIN5, followed by a space, your name and address to 83088 (50p SMS)

The 60 Second Promise workout DVD

Are you short on time but want to get fit? With *The 60 Second Promise*, you work hard for 45 seconds, then rest for 15 seconds. Simple! *The 60 Second Promise* is available on DVD from 23 April courtesy of Metrodome Distribution, and we have five to give away.

Whether you want to look fit and fabulous this summer for a beach holiday or a special event, this rapid-results workout will help you get in shape in time. Presented by personal trainers Simone Dailey and Carl Prince, *The 60 Second Promise* focuses on giving you a fat-free work out, based on the principles of intensive sports training, fat burning and targeting multiple muscle groups. If you've had enough of celebrity-led DVDs but want an A-list body, why not make *The 60 Second Promise* for yourself?



Win!

EMAIL Send your name and address to freebie6@loveitmagazine.co.uk
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A Jessops photo canvas

Here's your chance to win a gift you'll treasure forever – a stunning 60 x 80cm canvas print, courtesy of Jessops. The prints are perfect for showcasing an image of a special event such as a wedding, a dream holiday or an anniversary, and we have three to give away, worth £70 each.

A photo canvas is a great way of ensuring a cherished photo will be viewed and adored for years to come. To get one yourself, just select your favourite image, create your canvas print at photo.jessops.com, and Jessops will do the rest!



Twisted Sista goodies

Twisted Sista is a vibrant, cutting-edge London brand that addresses the care and style needs of urban dwellers' hair. Built for busy beauties, both straight and curly locks can get plenty of TLC – without breaking the bank. Now, with three extra products in the range,

new formulations and added care ingredients, every type of hair can be styled with ease. We have five sets of products to give away. Find the Twisted Sista range in Tesco stores nationwide, or visit www.beautyatcreightons.com



Win!

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Win!

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TERMS AND CONDITIONS: *CALLS COST 51P (ROI: €0.75) FROM BT LANDLINES. CALL COSTS FROM MOBILES AND SOME NETWORKS MAY VARY. **TEXTS COST 50P PLUS YOUR USUAL NETWORK OPERATOR RATE. PRIZE DRAW CLOSING AT MIDNIGHT ON THURSDAY, 26 APRIL 2012. IF YOU CALL OR TEXT IN AFTER THE CLOSING DATE/TIME OF THIS COMPETITION, YOU WILL NOT BE ENTERED BUT YOU WILL STILL BE CHARGED. THIS IS NOT A SUBSCRIPTION SERVICE. YOU MUST BE OVER 18 TO ENTER. WINNERS WILL BE SELECTED AT RANDOM AFTER THE CLOSING DATE FROM ALL VALID ENTRIES RECEIVED. UK SP: TELECOM EXPRESS WWW.TELECOMEXPRESS.CO.UK. ROI ONLY: SP: PHONOVAION/IP: TELECOM EXPRESS - 0818 217 100. USUAL TERMS APPLY - SEE PAGE 48.